Rise and Build with God: 11/10/19 4. What lessons can we learn from Nehemiah to help us combat Nehemiah 4:1-23 feelings of discouragement and helplessness? How did God speak to you through Sunday's worship and the message of Nehemiah? **POINT:** Make your Offense your Defense—godly 1. Read Nehemiah 4:1-23. How would you characterize the type of opposition facing Nehemiah as he and the people work on the wall? 5. Share some lessons learned from Nehemiah 4? About leadership? About planning? About responding to opposition? 2. How are the attacks from Sanballat and Tobiah similar to how the Evil One tries to discourage those who seek to follow Christ? Do you see other parallels between the opposition faced by Nehemiah and the opposition we face as followers of Christ? 6. How would the people be warned to come to the defense if the enemy attacked (Neh 4:19-20)? Is there a principle here and how

- 3. What are ways we can prepare ourselves for spiritual attacks so that we can be alert to them but continue the work God has for us? (see also 2Cor 10:3-6; Eph 6:10-13; Rom 12:2)
- can it be applied and help us today?